



MAT STUDIO SCHEDULE

West Los Angeles Studio
 12231 Wilshire Blvd, Los Angeles, CA 90025 310.442.1030

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9: 00AM Fusion Yoga Hector *All Levels		9: 00AM Fusion Yoga Hector *All Levels		9: 00AM Fusion Yoga Hector *All Levels	9: 00AM Gyrokinetics Lani *All Levels <u>Appointment Only</u>
	12: 00PM Pilates Mat Lucy Beg-Int Level II	12: 00PM Pilates Mat Aliceann Int-Adv Level III	12: 00PM Pilates Mat Lucy Beg-Int Level II	12: 00PM Pilates Mat Aliceann Int-Adv Level III	
	5: 30PM Pilates Mat Lisa All Levels		5: 30PM Pilates Mat Kristin All Levels		
7: 00PM Pilates Mat Dena Basic/Beg Level I		7: 00PM Pilates Mat Courtney Basic/Beg Level I			

<u>Pri ces</u>
<u>1 Mat</u> \$15 per class
<u>5 Mat</u> <u>Classes</u> \$70
<u>10 Mat</u> <u>Classes</u> \$125
<u>20 Mat</u> <u>Classes</u> \$225
<u>Fusion Yoga</u> \$20 per class

Classes are one hour in length. * Class levels are enforced * **Mat class series does NOT include Fusion Yoga** *
 Classes are non-refundable, non-transferable, and expire one year from purchase date.
All classes are subject to change. Please call studio for current times, prices, and changes.